

# North Adelaide Heritage Group

EST 1989

## Breakfast Menus

Available in all suites for eating anytime at your leisure. 24 hours confirmed notice is required for breakfast orders.  
We can arrange for low fat, vegan, kosher - whatever you require-please advise at the time of booking.

### Light Continental Breakfast (Provisions)

**Juice:-** 1 litre 100% Australian Juice with no preservatives or additives

#### Cereal Basket:-

Minimum 4 varieties of the following:-Barossa Valley Fleming & Ware Organic Muesli; Kellogg's Sultana Bran; Weet-bix; Kellogg's Corn Flakes; Kellogg's Sustain (Hi energy, low fat); Kellogg's AllBran, Rice Bubbles, Kellogg's Just Right (Corn, honey & fruit); and Anchor Porridge Oats

**Tea:-** Minimum of 3 varieties:- T-BAR: - Earl Grey; English Breakfast; Herbal Teas;

**Coffee:-** Robert Timms Italian Style plunger coffee, Dutch Moccona Instant Coffee

**Milk:-** ½ a litre of full cream milk

**Butter:-** 10gm portions of Australian butter (Western Star).

**Bakery Basket:-** selection of Croissants or baked bread from local 24hr "Bakery on O'Connell" on O'Connell Street.

**Jam:-** Pots of Berenberg of Hahndorf Jams - (minimum. selection of 3) including Fig, orange, strawberry, blackberry, apricot, Satsuma plum, marmalade, blue gum honey;

**Vegemite:-** indigenous Australian spread with concentrated yeast extract made by Kraft.

**Fruit bowl:-** Fresh local fruit - Apple/orange, or apple/banana or orange/banana

**Yoghurt:-** 2 portions of 'Yoplait' or 'Vaalia' flavoured yoghurt

### European Breakfast (Provisions)

As per our continental breakfast

PLUS a selection of mini cheeses, ham or salami, Kangaroo Island free range eggs & Adelaide Hills gourmet tomatoes.

### Hearty English Breakfast (Provisions)

As per our continental breakfast

PLUS Kangaroo Island free range eggs, 4 rashers of farm fresh juicy South Australian bacon & Adelaide Hills gourmet tomatoes.

### A La Carte Breakfasts in North Adelaide

"**SCUZZI**" 97 O'Connell Street Phone: 8239 2233 for Coffee, toast, eggs & bacon, Omelettes & Champagne.

"**WILD THYME**" 101 Melbourne Street, Ph: 861 8888, organic cafe, market & Wellness Centre

"**LION HOTEL**" 161 Melbourne Street, Phone: 8367 0222, great for leisurely brunches

"**THE STORE**" 157 Melbourne Street, Phone: 8361 6999, great for organic bacon & eggs

"**O HOTEL**" 7 O'Connell Street, Phone: 8361 8801, rustic Italian restaurant has a reputation for its breakfasts & lunches

#### "BAKERY ON O'CONNELL"

44 O'Connell Street Phone: 8361 7377 for juices, milks, Danish's coffee, toasted sandwiches, pies, pasties, "Buxton buns", "Fire Engine Cakes" and a host of fabulous bakery products. Ask for Tony

All these Cafes are a lovely 300 yard walk past some of the most significant private heritage listed stately homes and gardens in Adelaide, through verdant Wellington Square and along the Historical High Street of Tynte Street, with a delight of largely 1880 boom time heritage listed buildings.

### North Adelaide Heritage Group

Owned and Hosted by Rodney, Regina & William Twiss, North Adelaide, South Australia

Ph: +61 8 8267 2020 [res@adelaideheritage.com](mailto:res@adelaideheritage.com)

[www.adelaideheritage.com](http://www.adelaideheritage.com)

